

DRINKS.01

FRESH JUICES

Mango	75
Orange	75
Passion Fruit	65
Pineapple	68
Papaya	65
Lime	55
Watermelon	68

SMOOTHIES



MANGO & Papaya

Mango, Papaya, Milk, Yogurt
65



BERRY Blast

Strawberry, Blueberry & Raspberry
68

STRAWBERRY Sunrise

Strawberry, Orange & Banana
65



SUPER SHAKES



KITKAT Shake

KitKat, Milk, Chocolate Ice Cream & Whip
75



OREO Shake

Oreo, Milk, Vanilla Ice Cream & Whip
75



ICED BLENDED Coffee

Milk, Coffee, Vanilla Ice Cream & Whip
68

ICED SUPER Mocha 68

Milk, Coffee, Vanilla & Chocolate Ice Cream. Whip & Chocolate Cracker

SHELL BEANS Cookie Shake 68

Made With Our Homemade Coffee Cookies, Vanilla Ice Cream

HEALTH FIX

JUNGLE JUICE 68

Spinach, Cucumber, Green Apple, Coriander, Ginger & Lime

ISLAND CHILLER 65

Frozen Watermelon, Lime & Kurumba

TROPICAL BREEZE 65

Pineapple, Mint, Cucumber & Kurumba

MIRACLE JUICE 68

Apple, Beetroot, Carrot & Ginger

IMMUNE BOOSTER 65

Orange, Carrot & Ginger

MILKSHAKES

CHOCOLATE 68

STRAWBERRY 68

BANANA 65

VANILLA 65

SHELL BEANS SIGNATURE DRINKS



NOJITO

Sprite, lime, mint & brown sugar
65



PASSION Cooler

Mint, passion purée & pineapple
78



CITRUS Passion

Pineapple, Passion & lime
75

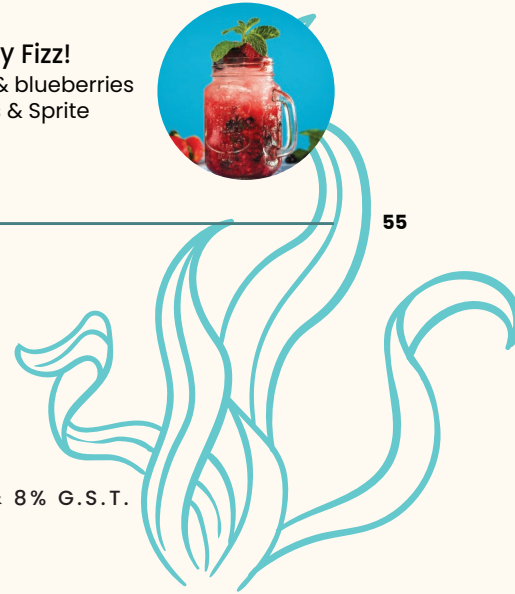
CHILLED Mixed Berry Fizz!

Strawberry, raspberry & blueberries made with mint leaves & Sprite
78



FRESHHH 55

Lime & Mint



DRINKS.02

ICED COFFEE

ICED CARAMEL MACCHIATO	68
ICED AMERICANO	48
ICED LATTE	55
ICED CAPPUCCINO	60
ICED CARAMEL LATTE	68
VIETNAMESE ICED COFFEE	68
ICED HAZELNUT LATTE	68

ICED TEA

SHELL BEANS CLASSIC ICED TEA	58
LYCHEE	58
PEACH	58
BLUEBERRY	58
LEMON & ORANGE	58

HOT DRINKS

ESPRESSO (SINGLE)	38
ESPRESSO (DOUBLE)	48
CARAMEL MACCHIATO	70
MACCHIATO	48
LATTE	58
HOT MOCHA	60
CAPPUCCINO	58
FLAT WHITE	48
AMERICANO	48
HOT MILO	45
MUMBAI CHAI	45
HOT CHOCOLATE	55
ENGLISH BREAKFAST	38
EARL GREY	38
CHAMOMILE	38
CEYLON	38
JASMIN GREEN	38
MINT & LEMON	38
MILK TEA	38



BREAKFAST

ALL DAY BREAKFAST 7.30 - 6PM

SHELL BEANS

Brekkie



2 eggs of choice, baked beans, chicken bockwurst sausage, chicken bacon, served with sautéed mushrooms, spinach & potatoes with brown toast, butter, jam, 2 seasonal fruits & choice of coffee or tea

130

EGGS BENNY



2 poached eggs served on English muffins topped with hollandaise sauce & chicken bacon crisps

120

+ Turkey Ham 128
+ Smoked Salmon 148

SHELL BEANS

Avocado Toast



Two poached eggs on a lightly toasted 'low-gi' brown bread slice served with avocado mash, Sprinkled with sunflower and sesame seeds. Perfect start to your active day!

125

BREAKFAST

Granola (STRAWBERRY OR MANGO)

Crunchy granola with dried fruits, nuts & seeds served with curd

90



MALDIVIAN

Breakfast Set

2 eggs of choice, mashuni, kulhimas, roshi, spiced baked beans, seasonal fruits & coffee

110

BUILD YOUR OWN

2 slices Multi Grain bread, or 2 slices white bread, or 4 roshi

20

ADD ONS

2 Eggs any style _____ 28

Mixed omelet _____ 30

Cheese omelette _____ 35

Chicken bacon _____ 48

Chicken Bockwurst Sausage _____ 40

Chicken Ham _____ 50

Sliced Avocado _____ 45

Smoked Salmon _____ 90

Baked Beans _____ 12

Kulhi Mas _____ 45

Mas Huni _____ 45

Sautéed Mushroom _____ 20

Sautéed Potatoes _____ 20

EARLY RISERS 7.30 - 11.30AM

TROPICAL

Fruit Plate

A mix of seasonal cut fruit deliciously prepared!

128



MASALA

Omelette

Spicy masala omelette made with garam masala, chopped onions, fresh chillies & fresh coriander served with brown low-gi multi grain bread or roti, butter & jam

98

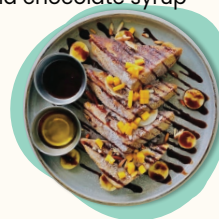


ISLAND STYLE

French Toast

Traditional french toast topped with Maldivian 'kanamadhu' nuts, garnished with fresh coconut flakes; served with honey and chocolate syrup

85



THE SAILOR

2 Eggs Of Choice, Baked Beans, Grilled Sausage, Jam/Butter & Toast

95



SHELL BEANS

Avocado Toast

Two poached eggs on a lightly toasted 'low-gi' brown bread slice served with avocado mash, Sprinkled with sunflower and sesame seeds. Perfect start to your active day!

125

MUESLI BOWL

with Fruit

Muesli With Dried Fruits, Served With Fresh Milk & Tropical Fruit

98

KULHIMAS &

Roshi

Maldivian style, curried tuna made with onions, hot chillies and local spices, served with roshi

58

MASHUNI &

Roshi

A Typical Maldivian Breakfast Dish Made With Tuna, Onion, Coconut & Chili. Mixed With Grated Coconut & Served With Roshi; Served With A Side Of Mini Fruit Cup

58

PRICES ARE IN MRF & SUBJECT TO 10% SERVICE CHARGE & 8% G.S.T.





ALLDAY.01

STARTERS

ISLAND FRIES

Sweet potato fries sprinkled with cajun chili

68



CHICKEN WINGS

Crazy-yummy chicken wings coated with our homemade spicy sauce served with chili fries

128

SPRING ROLLS

Tender crisp veggies & lightly spiced minced chicken served with chili fries

98

SALADS

CHICKPEA &

Quinoa

With grilled chicken, onion, tomato, radish, pita chips, sour cream, lime & honey mustard

110



CHICKEN

Caesar

Lettuce, grilled chicken, boiled egg, chicken bacon, cucumber, tomatoes and parmesan served with garlic bread

138



ASIAN

SHELL BEANS

Special Fried Rice

With crumb fried chicken, omelette served with chilli paste & pappadum

98



CHICKEN

Biryani

With succulent pieces of chicken breast, infused with Indian spices served with raita, boiled egg & pappadum

110



NASI GORENG

Famous Indonesian mixed fried rice, with chicken sausage, shrimp, chicken, fried egg, cucumber salad, pappadum served with chicken satay & peanut sauce

110



THAI

Lemongrass Curry

Zesty chicken breast or prawn cooked slowly in a rich coconut lemongrass mixture.

+ Chicken 98
+ Prawn 128



GRILLED TANDOORI

massala chicken

Indian spiced chicken breast served with savory yellow rice & accompaniments

128



CHAR SUI

chicken

BBQ chicken served with stir fried veggies & savory rice

98



ALLDAY.02

SHELL BEANS SIGNATURE DISHES

'JETTY T'

Fish & Chips

Battered snapper fish, served with sautéed green peas & hand cut fries with tartar sauce

125



SHELL BEANS

Crispy Chicken Basket

Crispy chicken breast strips served with french fries with tomato and aioli sauce

115



BEEF

Lasagna

Slow cooked beef ragout in tomato & herb sauce

138



CRUMB

Fried Chicken

Crispy chicken breast served with cajun mash, buttered veggies and tatar sauce

128

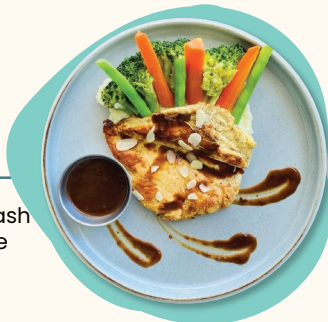


HERB GRILLED

Chicken

With Butter, Vegetables, mash potato & peppercorn sauce

128



BEEF

Nacho Bowl

Loaded beef nachos with home-made taco seasoning

135



JAPANESE MAKI ROLLS

CALIFORNIA

Maki

Japanese rice nori, cucumber, avocado, mango, crab stick, toasted sesame seeds, mango pulp, gari, wasabi & soya sauce

138



SMOKED SALMON

Maki

Japanese rice nori with salmon, avocado, cucumber, cream cheese, gari, mango pulp, wasabi & soya sauce

148



PRAWN TEMPURA

Maki

Japanese rice nori with tempura prawn, avocado, cucumber, toasted sesame seeds, gari, mango pulp, wasabi & soya sauce

148

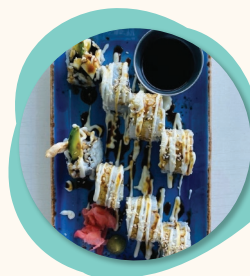


CHICKEN TERIYAKI

Maki

Japanese rice nori with teriyaki fried chicken, avocado, cucumber, toasted sesame seeds, gari, wasabi & soya sauce

138



ALLDAY.03

PASTA



CARBONARA

Sliced chicken bacon & parmesan cheese. Choose from spaghetti or penne

110

CHEESE

Chicken Fusilli

Creamy chicken with mozzarella cheese & fusilli pasta

98



CHICKEN

Arrabbiata

Spicy tomato concasse with penne pasta

+ Tuna 95
+ Chicken 90



SPAGHETTI

Chicken Pepperoncino

Chicken strips & veggies tossed with fresh chili, garlic & olive oil

95

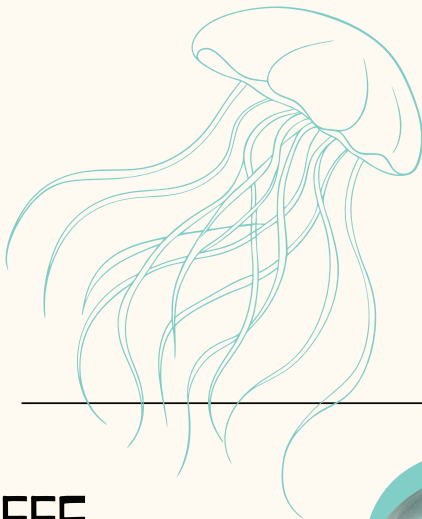


SPAGHETTI

Bolognese

Slow cooked beef ragout in tomato & herb sauce

110



GRILL

BEEF

Steak (200g)

Grilled Brazilian beef tenderloin, peppercorn sauce with veggies & mashed potatoes

238

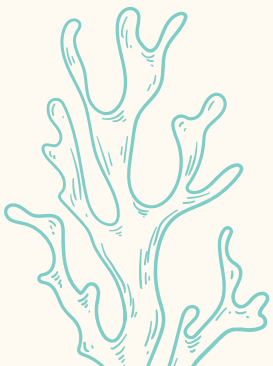


GRILLED

Salmon

Grilled salmon with mashed potato vegetables, served with lemon butter sauce & mango salsa

248



ALLDAY.04

BURGERS & QUESADILLAS



FIRE
Burger



Crispy fried chicken patty with cheese, gherkin, onion, tomato, hot chili sauce & served with chili fries

110



CLUB
Sandwich



Grilled chicken breast, fried egg, lettuce, tomato, onion, cheese & fries

90



CHEESE
Burger



Home-made beef patty, tomato, onion, cheese, fried egg, beef bacon, garlic mayo. & French fries

130

CHICKEN
Quesadillas



Fresh tortilla filled with cheese, onion, mushroom, green chili, coriander leaves, bell pepper & served with chili fries

98

SHELL BEANS KOTTHU

TASTE OF SRILANKA! MADE WITH GODHAMBA ROTI & SERVED WITH KOTTHU GRAVY & A SUNNY SIDE UP EGG!

BEEF
Kotthu



Stir fried vegetables, egg & wok fried beef

98

CHICKEN
Kotthu



Stir fried vegetables, egg & pulled grilled chicken breast

98

SIGNATURE SANDWICHES

Spicy Tuna Sandwich	58
Herb Grilled Chicken Sandwich	58
Tandoori Chicken Sandwich	58
Egg & Cheese Sandwich	58
Tuna Mayo Sandwich	58
Smoked Salmon Sandwich	98
Chicken Ham & Cheese Sandwich	85

SIGNATURE WRAPS

Spicy Tuna Wrap	68
Herb Grilled Chicken Wrap	68
Tandoori Chicken Wrap	68
Egg & Cheese Wrap	68
Tuna Mayo Wrap	68
Smoked Salmon Wrap	98
Chicken Ham & Cheese Wrap	85

MADE WITH MULTI GRAIN LOW-GI BROWN BREAD OR WITH TORTILLA WRAP, SERVED WITH CHIPS

PRICES ARE IN MRF & SUBJECT TO 10% SERVICE CHARGE & 8% G.S.T.

DESSERTS



SHELL BEANS

Homemade Brownie

Special home-made brownie with a scoop of your favourite ice cream

78



KITKAT

Sundae

Your choice of ice cream with Kit Kat topped with chocolate sauce

78



APPLE

Crumble

Homemade apple crumble served warm with your favorite ice cream

68



LAVA

Cake

Our special home-made lava cake with a scoop of your favourite ice cream

78

HAZELNUT

Brownie

Our homemade brownie with hazelnuts and scoop of vanilla ice cream, topped with chocolate sauce & nuts

85



BROWNIE

Affogato

Two scoops of your choice of ice cream, with our famous chocolate brownie & topped with chocolate sauce, served with a double espresso

85



BANANA

Split

Banana served with your favourite ice cream and topped with chocolate sauce

70



ESPRESSO

Affogato

Shot of espresso with vanilla ice cream

48

